



SYNERGY
AESTHETICS & TRAINING

TRAINING COURSES



Dermaplaning Course

This course covers both Practical and Theoretical aspects of Dermaplaning - it has been designed by experienced tutors to provide knowledge, understanding and confidence for independent practice.

Dermaplane Treatments have a low operating cost making it a profitable addition to any business.

We limit class sizes to 2 students maximum to allow 1:2 tuition.

We can also provide 1:1 tuition – available on request.

Pre-requisites:

Beauticians and Industry beginners.

Course Duration: 2.5 Hours

Pricing Breakdown

Price: £200

Deposit: £50 (non-refundable)

The remaining balance of £150 can be paid on the day of training by either Cash/ Paypal or via Bank Transfer.

Course Agenda

- Introduction to Dermaplaning
- Treatment Benefits
- Skin Preparation (Pre-treatment Instructions)
- Contra-indications
- Complications
- Equipment
- Consultation and Assessment
- Consent
- Data Protection
- Insurance
- Aftercare Instructions
- Health and Safety
- Sharps Disposal
- Anatomy & Physiology
- Treatment Protocol
- Live Demonstration by course Tutor
- Supervised practice on 2 Live Models (completed by Delegate)
- Q&A Session – Evaluation, Feedback & Certification
- Professional Starter Kit for 10 Clients
- Training Support Group and option for enrolment
- Ongoing support & guidance.

Professional Starter Kit Includes

- Professional Cleanser, Toner & Moisturiser
- x10 Medical grade Scalpel blades
- x1 Blade handle
- x1 Blade removal sharps box
- x10 Hair nets
- x10 Napkins
- x1 Consent form example
- x1 Face mask
- Training Manual

Insurance

We recommend BGI UK Ltd for Public Liability Insurance following completion of the course.



All our courses are CPD accredited. On completion you will receive recognised certification.

If you have any further questions, please feel free to contact us:

Tel: 07896 879849 **Email:** info@synergy-aesthetics.co.uk



Foundation BOTOX®

This course covers both Practical and Theoretical aspects of Botulinum Toxin administration – it has been designed by experienced tutors to provide knowledge, understanding and confidence for independent practice at the start of your Aesthetics Career.

This foundation course covers administration of Botulinum Toxin in the following 3 areas:

- Forehead Lines, Frown Lines and Crows Feet Lines
- We limit class sizes to 2 students maximum to allow 1:2 tuition
- We can also provide 1:1 tuition – available on request.

Pre-requisites:

Must be a Medical Professional or hold Anatomy & Physiology Level 3 Certification + 6 Months experience in a treatment that pierces the skin (i.e. Micro-needling).

Course Duration: 8 Hours

Pricing Breakdown

Price: £795

Deposit: £100 (non-refundable)

The remaining balance of £695 can be paid on the day of training by either Cash/ Paypal or via Bank Transfer.

Course Agenda

- An introduction to Botulinum Toxin
- Mechanism of Action
- Preparation, Handling and Storage
- Conversion Rates
- Health and Safety
- Anatomy & Physiology
- Contra-indications
- Complications
- Injection Sites
- Injection Technique
- Dosage
- Equipment
- Consultation and Assessment
- Consent
- Insurance
- Sharps Disposal
- Aftercare Instructions
- Finding a Prescriber
- Prescribing Guidelines
- Advertising Guidelines
- Aesthetic Pharmacies
- Product Specialists
- Live Demonstration by course Tutor
- Supervised practice on Live Models (completed by Delegate)
- Q&A Session – Evaluation, Feedback & Certification
- Training Support Group and option for enrolment
- Ongoing support & guidance

Insurance

We recommend you contact one of the following insurance companies prior to commencing this course to ensure you can ascertain public liability insurance on completion.

- Hamilton Fraser - 0345 310 6300
- Cosmetic Insure - 0345 600 8288
- Finch Group (Insurance Broker) – 0118 969 8855



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Advanced BOTOX®

This course covers both Practical and Theoretical aspects of Advanced Botulinum Toxin administration – it has been designed by experienced tutors to help expand your current knowledge within this field for application to different areas of the face.

This advanced course covers administration of Botulinum Toxin to treat the following:

- Gummy Smile
- Hyperhidrosis (armpit sweating)
- Lateral Cheek Rhytides (extended Crows Feet lines)
- Eyebrow Lift
- Asymmetry
- Bunny Lines
- Peri-oral Lines
- Bruxism
- Masseter reduction
- Chin Dimpling
- Nefertiti Neck Lift
- Nasal Tip repositioning

We limit class sizes to 2 students maximum to allow 1:2 tuition.

We can also provide 1:1 tuition – available on request.

Pre-requisites:

Must have 6 Months + experience in Foundation Botulinum Toxin Treatments.

Course Duration: 8 Hours

Pricing Breakdown

Price: £595

Deposit: £100 (non-refundable)

The remaining balance of £495 can be paid on the day of training by either Cash/ Paypal or via Bank Transfer.

Course Agenda

Introduction

Brief overview of the following:

- Contra-indications
 - Complications
 - Equipment
 - Preparation, Handling and Storage
 - Consultation and Assessment
 - Consent
 - Insurance
 - Sharps Disposal
 - Aftercare Instructions
 - Prescribing Guidelines
 - Advertising Guidelines
-
- Extended Anatomy & Physiology
 - Injection Sites
 - Injection Techniques
 - Dosage
 - Live Demonstration by course Tutor
 - Supervised practice on Live Models (completed by Delegate)
 - Q&A Session - Evaluation, Feedback & Certification
 - Training Support Group and option for enrolment
 - Ongoing support & guidance

Insurance

We recommend you contact your current insurance provider prior to commencing this course to ensure you can add this treatment onto your existing policy.



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Lip Fillers

This course has been designed by experienced tutors to provide an introduction into the administration of Hyaluronic Acid Dermal Fillers. The course will encompass Theory, Live Demonstrations and Practical Experience to ensure delegates are confident and competent in conducting a complete lip enhancement on completion. This includes treatment of: Vermillion Border; Lip Volumisation; Cupid's Bow and Philtrum Columns.

We limit class sizes to 2 students maximum to allow 1:2 tuition.

We can also provide 1:1 tuition – available on request.

Pre-requisites:

Must be a Medical Professional or hold Anatomy & Physiology Level 3 Certification + 6 Months experience in a treatment that pierces the skin (i.e. Micro-needling).

Course Duration: 8 Hours

Pricing Breakdown

Price: £595

Deposit: £100 (non-refundable)

The remaining balance of £495 can be paid on the day of training by either Cash/ Paypal or via Bank Transfer.

Course Agenda

- An introduction to Hyaluronic Acid Dermal Fillers
- Types of Dermal Fillers
- Anatomy & Physiology
- Health and Safety
- Contra-indications
- Complications
- Equipment
- Anaesthetics
- Consultation and Assessment
- Consent
- Insurance
- Sharps Disposal
- Aftercare Instructions
- Treatment Procedure
- Aesthetic Pharmacies
- Product Specialists
- Injection Techniques / Depths
- Live Demonstration by course Tutor
- Supervised practice on Live Models (completed by Delegate)
- Q&A Session - Evaluation, Feedback & Certification
- Training Support Group and option for enrolment
- Ongoing support & guidance

Insurance

We recommend you contact one of the following insurance companies prior to commencing the course to ensure you can ascertain public liability insurance on completion.

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- Cosmetic Insure - 0345 600 8288
- Finch Group (Insurance Broker) – 0118 969 8855



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Advanced Dermal Fillers

This course has been designed by experienced tutors to help you expand your current knowledge in the administration of Dermal Fillers and its application to different areas of the face.

This advanced course covers administration of Dermal Fillers to the following areas:

- Cheeks
- Chin
- Jawline
- Nose (Non-surgical Rhinoplasty)

We limit class sizes to 2 students maximum to allow 1:2 tuition.

We can also provide 1:1 tuition – available on request.

Pre-requisites:

Must have 6 Months + experience in Basic Dermal Filler Treatments i.e. Lip Fillers or Nasolabial Lines.

Course Duration: 8 Hours

Pricing Breakdown

Price: £595

Deposit: £100 (non-refundable)

The remaining balance of £495 can be paid on the day of training by either Cash/ Paypal or via Bank Transfer.

Course Agenda

- Introduction
- Brief overview of the following:
- Contra-indications
- Complications
- Equipment
- Consultation and Assessment
- Consent
- Insurance
- Sharps Disposal
- Post Treatment Instructions
- Extended Anatomy & Physiology
- Injection Sites/ Positioning
- Advanced Techniques (Cannula & Needle)
- Live Demonstration by course Tutor
- Supervised practice on Live Models (completed by Delegate)
- Q&A Session - Evaluation, Feedback & Certification
- Training Support Group and option for enrolment
- Ongoing support & guidance
- All our courses are CPD accredited.

Insurance

We recommend you contact your current insurance provider prior to commencing this course to ensure you can add this onto your existing policy.



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Vitamin B12 Injections

This course covers both Practical and Theoretical aspects of Vitamin B12 administration - it has been designed by experienced tutors to provide knowledge, understanding and confidence for independent practice.

We limit class sizes to 2 students maximum to allow 1:2 tuition.

We can also provide 1:1 tuition – available on request.

Pre-requisites:

Must be a Medical Professional or hold Anatomy & Physiology Level 3 Certification + 6 Months experience in a treatment that pierces the skin (i.e. Micro-needling).

Course Duration: 2.5 Hours

Pricing Breakdown

Price: £250

Deposit: £100 (non-refundable)

The remaining balance of £150 can be paid on the day of training by either Cash/ Paypal or via Bank Transfer.

Course Agenda

- An introduction to Vitamin B12
- Anatomy & Physiology
- Deficiency and Symptoms
- Diagnosis (One Minute Health Check)
- Contra-indications
- Complications
- Health & Safety
- Preparation, Handling and Storage
- Injection Site
- Injection Technique
- Dosage
- Equipment
- Consultation and Assessment
- Consent
- Insurance
- Sharps Disposal
- Aftercare Instructions
- Prescribing Guidelines
- Advertising Guidelines
- Aesthetic Pharmacies
- Live Demonstration by course Tutor
- Supervised practice on Live Models (completed by Delegate)
- Q&A Session - Evaluation, Feedback & Certification
- Training Support Group and option for enrolment
- Ongoing support & guidance

Insurance

We recommend you contact one of the following insurance companies prior to commencing the course to ensure you can ascertain public liability insurance on completion.

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- Cosmetic Insure - 0345 600 8288
- Finch Group (Insurance Broker) – 0118 969 8855



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